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@Threadslrish

🧵 🧵 🧵 on COVID

twitter.com/Threadslrish/status/1371414625959485441

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1. I thought this was too good not to share. Not sure where I saw it first. The ultimate type of gaslighting, coercive control we have been experiencing for the last year. Actually a criminal offence.
2. **START:** My boyfriend won't let me visit my family or friends. He has made me stop all contact with them unless it's on the phone. But then the other week, he told me to go out for a meal with my friends, but when I did, I then got punished for it.
3. I know he'll tell me to do it again though, so I don't know what action to take. He keeps doing this. He makes me feel like I'm going crazy for thinking he's controlling, but actually, I'm being ungrateful, it's because he cares about me.
4. He didn't want me going to the gym anymore, so I don't do that. He also doesn't let me go to work, he told me to only rely on him for income and that he will look after me.
5. I'm not allowed to go out, unless it's for necessities, but when I do, I need to share my location with him, no matter where I go. If I don't check in with him when I get to the shop, I could get in trouble.
6. I miss my Mum so much last week that I snuck off to see her, he caught me and I was told off for it. My grandma is dying in a nursing home, but I have been forbidden to see her.
7. I'm not allowed to do anything unless he says so, I wanted to book a holiday to go and visit relatives, but he said no. I wanted to go back to school to learn new skills, but I wasn't allowed to do that either.
8. As soon as he says I'm allowed to do these things, I can't wait. I'm so excited. I know the time will come soon, he will change. I know he's only doing this because he loves me. He cares about me. He's doing all of this for my own good.
9. Oh wait, did I say boyfriend? I meant, the government. **END**

10. You know the drill 😊. I write these 📖 in my spare time and would really appreciate if you could retweet the very 1st tweet. Likes are great but retweets are required to reach as large an audience as possible to expose what is really going on behind the scenes. Many thanks.